

Explore the countryside from Staines

Staines Moor: One of the
gems of the Colne Valley

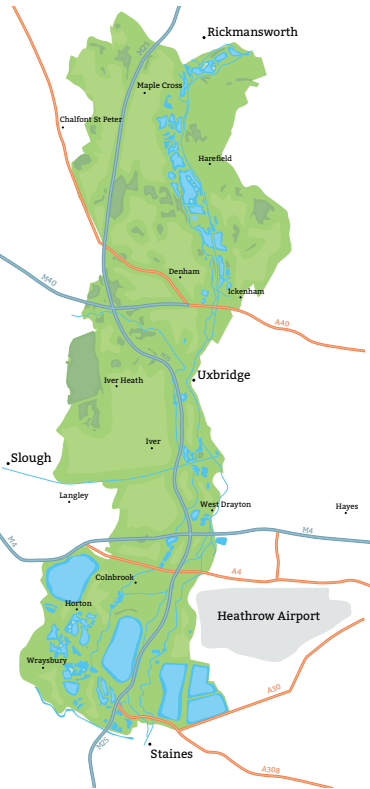
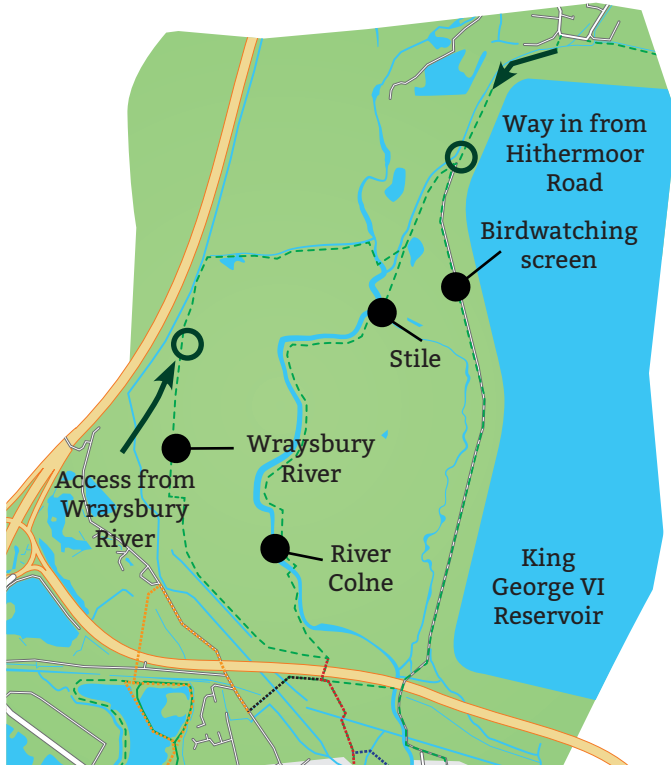


The Colne Valley Regional Park

The Colne Valley Regional Park covers 43 square miles and is the first taste of countryside west of London. With a mosaic of habitats interspersed with bustling urban centres, this Regional Park has a unique and beautiful character.

Staines is found at the very southern tip of the Colne Valley and forms a fitting gateway from which to explore the Regional Park.

Exploring Staines Moor



Staines Moor is one of the last remaining pastures of the medieval Manor of Staines. It has remained unploughed for over 1000 years and has been common land since 1065. Along with the neighbouring reservoirs, it forms a 500 hectare Site of Special Scientific Interest (SSSI).

It's been designated a SSSI due to the rarity of its habitats and the area's importance for overwintering wildfowl. Home to many interesting species of wildlife, Staines Moor is particularly popular with birdwatchers due to the variety of species that use the area.

Accessing the moor from Staines

You can access Staines Moor by following the walking routes on the map below:

- **Red route (10-15 minutes):**
Head to the north west corner of the Two Rivers Shopping Centre car park and locate the footpath that runs behind the shops. Take this path along the river before carefully crossing the railway line and following the path under the A30 to Staines Moor.
- **Orange route (15 minutes):**
The orange route starts at Lammas Recreation Ground, the southern gateway to the Colne Valley. From here you can cross the road and walk around the beautiful Church Lammas Lakes. You can continue under the A30 before crossing the field to Moor Lane. From here turn right along Moor Lane before following the black route to Staines Moor.
- **Black route (5 minutes):**
The moor can easily be accessed by parking on Moor Lane (limited street parking) and heading over the railway bridge and under the A30.
- **Blue route (5 minutes):**
You can join up with the red route from Moormede Recreation Ground via a gate at the back of the park. Moormede Rec can be accessed via Fairfield Avenue off the A308.



Local Wildlife

There are large mounds of earth at the northern end of Staines Moor. These are yellow meadow ant nests, estimated to have been here since about 1820, some of the oldest in the UK.



Many species of bird visit or live on the moor including the skylark. The skylark is a small, streaky brown bird with a small crest that is seen here in the summer. It is best known for its beautiful song and characteristic rising display flight. It nests on the ground and is sensitive to disturbance so please follow on site signage and keep dogs under control.



The hobby is a fast, agile falcon that visits Staines Moor in the summer. It is so agile it often hunts swifts, swallows and dragonflies on the wing.

Domestic horses and cattle graze the site in the summer whilst wild mammals like roe deer, muntjac and red foxes can also be found here. There is also a wide array of interesting plants and wildflowers along with insects like butterflies and dragonflies.



Please follow the countryside code and take all your litter home with you.

Getting About



Staines train station is a roughly 15 minute walk from Staines Moor and is connected by South Western Railway links to Reading and Waterloo.



The number 117, 203 and 8 busses all run through Staines and take you close to the Two Rivers shopping centre.



Staines is easily accessible via the A30 or M25. There are car parks at the Two Rivers shopping and at Lammas Recreation Ground with limited street parking on Moor Lane.

Contact Us

Colne Valley Park Visitor Centre
Denham Court Drive
Denham, Uxbridge
UB9 5PG



T: 01895 833 375

E: enquiry@colnevalleypark.org.uk

W: www.colnevalleypark.org.uk

