



Frays Farm Meadows & Denham Lock Wood

Comprising a valuable area of wet grassland and dense wet woodland, this Site of Special Scientific Interest provides habitat for an array of birds, wildflowers, insects and mammals.



Type of habitat

Willow and alder wet woodland, damp grassland, fen, ditches, river banks, grazing marsh, sedge beds.

Location Uxbridge.

Best time to visit
Early summer.

Size of reserve
4.9ha (86 acres).

Walk time 3 hours.

Access on site

Open access throughout the site, with a boardwalk winding through Denham Lock Wood and an informal path network through the meadows. Site is wet most of the year. No wheelchair access.

Walking and cycling links

Section 12 (Uxbridge to Harefield West) of the London Loop, Colne Valley Trail, Grand Union Canal Walk, Nine Stiles Circular Walk, South Bucks Way and Grand Union Canal Circular Walk. National cycle route 6 – Denham to Uxbridge.

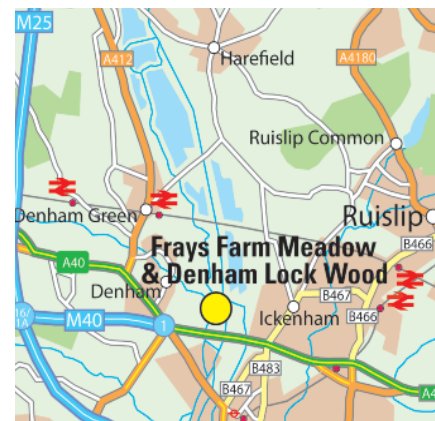
OS map ref. TQ 058 860.

Postcode UB10 8DZ.



Water vole

FINDING THE RESERVE



Ragged robin

Access to site Entrances via Grand Union Canal towpath, Denham Country Park, Denham Quarry Trail or Uxbridge Golf Course.

By road Nearest parking (pay and display) is at Denham Country Park, (follow signs from the A40), with a 15 minute walk to the reserve.

By public transport

- Bus: U9 to Warren Road/ Swakeleys Road.
- Rail: Denham Station (20 minute walk).

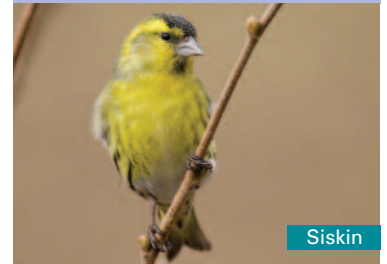
Spring

Colourful kingcups and ragged-robin in the wet meadow.

Summer

Walk through swathes of fragrant meadowsweet and pink great willowherb whilst looking out for signs of water voles, or come to the site after dark to spot the glow-worms that float along the disused railway embankment.

Winter



Siskin

Look for snipe overwintering in the wet grassland and sedge beds and for flocks of siskins feeding in the alder trees.

Reserves Manager's tip **Tom Hayward**

"This is one of my favourite reserves to visit in the summer as I can enjoy the wildflowers, whilst watching the cows happily munch away."



Managed by London Wildlife Trust on behalf of the London Borough of Hillingdon



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Explore the Colne Valley

The Colne Valley Park is the first real taste of countryside to the west of London comprising a mosaic of farmland, woodland and water, with 200 miles of river and canal and over 60 lakes.



Want to see more?
Then why not try:

- Denham Country Park, Denham
- Uxbridge Alderglade, Uxbridge
- Broadwater Lake, Denham Green

For more information on **Frays Farm Meadows & Denham Lock Wood** please contact:

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These factsheets have been produced by Herts & Middlesex Wildlife Trust (Registered in England: 816710; Registered Charity: 239863) with funding from the City Bridge Trust

Herts and Middlesex

