

# 5. Mount Pleasant

2½ miles [shorter route 1½ miles]

Experience a slower pace along historic canals and pleasant lakes. Fantastic views over the Colne Valley.

**Easy Access** \*\* Mostly level walking on good paths. However, the hill from point 4 is steep and can be muddy. Some stiles.

**Refreshments** \*\*\*\* *The Coy Carp* 01895 821471. Also several pubs and cafes in Harefield village centre

**Public Transport** \*\*\* U9 from Uxbridge stops at point 1. Several other local buses stop in Harefield village centre.

[1] From the bus stop at Mount Pleasant walk down the hill and carefully cross the canal keeping a look out for traffic. Turn left onto the footpath just after the Coy Carp (a terrible pun but a good pub) and follow the path along the causeway across Pynesfield Lake

[2] At the end of the path turn left and follow the quiet country lane for ½ mile. Turn left just before you reach the A412. Then turn left along the concrete track just before the garage and the white house.

[3] Turn left again after the second stream and follow the track beside the stream then with the Troy Arm of the canal on your left and the Lake on your right. Where the track bends right turn left, cross the River Colne on the footbridge then turn right onto the canal towpath.

*To take the shorter route turn left onto the towpath and follow this back to the Coy Carp.*

[4] At Coppermill Lock cross the canal then turn left at the T-Junction. Then just before the farm track turn right to follow the footpath over the stile and up the hill. When you reach the road turn left and follow the road back to the bus stop or turn right and walk towards Harefield village centre.

*At the top of the hill look back behind you for great views. This is the spot where representatives of Hillingdon, Buckinghamshire and Hertfordshire met in 1965 and the concept of the Colne Valley Regional Park was born. In those days there would have been less trees and the views over the valley would have been even more impressive.*



[Enlarged right] Troy Lake

[Right] Coppermill Down

[Bottom right] Horseshoe Weir, River Colne

[Below] Pynesfield Lake

